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### **Are Money problems taking their toll on you??**

Money problems can impact our lives in many ways. They can sabotage marital happiness, strain healthy family relationships, decrease our ability to focus and be productive in the workplace, and dampen our confidence in realizing our dreams. Avoiding an open and honest evaluation of money woes only increases the stress we feel in all areas of our life.

For a free, professional and confidential evaluation of any money issues you may be struggling with, please contact your Employee Assistance Program (EAP).

*Your Employee Assistance Program is provided by The Sand Creek Group, Ltd.*



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